

Kori Gassi Recipe

Ingredients

- 8 Dry red chillies (Byadagi)
- 20 gms Cinnamon
- 2 Tablespoons Coriander Seeds
- 0.25 Teaspoon Methi Seeds
- 0.25 Teaspoon Mustard Seeds
- 0.25 Teaspoon Cumin Seeds
- 2 gms Black pepper corn
- 5 Garlic
- 1 Cup Fresh Coconut
- 1 Tablespoon Tamarind Pulp
- 4 Tablespoons Maggi Coconut Milk Powder

Zubereitung

- 1. Grind together all the ingredients for Gassi masala paste with little water till smooth. Keep aside. Dissolve MAGGI Coconut Milk powder in 2 cups of warm water.
- 2. Heat oil & add mustard seeds, when they splutter add curry leaves, bay leaves, and onions. Sauté till onions are slightly brown. Add tomatoes and cook till mushy.
- 3. Add the chicken and sauté for 4-5 minutes while turning in between. Add the ground masala and salt, fry for 3-4 minutes. Add remaining 1 cup water and cover and cook till the chicken is tender.
- 4. Add the prepared coconut milk and cook till the curry is thick and serve hot with neer dosa or rice.

- 3 Cups Warm water
- 3 Tablespoons Oil
- 0.5 Teaspoon Mustard Seeds
- 10 Curry Leaves
- 1 Bay leaves
- 1 Onion (large, slices)
- 2 Tomato (Medium, Chopped)
- 500 gms Chicken (Boneless)
- 0.25 Tablespoon Salt (to taste)

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Carbohyd	rates 19.11 g	Ð
Energy	528.74 kcal	
Fats	41.31 g	
Protein	25.99 g	

30 Minutes

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