

Chhanar Dalna Recipe

Ingredients

- Sachet MAGGI Masala-ae-Magic (6 Grams)
- Tablespoons Mustard Oil
- Potato (Cut Into Small Cubes)
- gms Paneer
- Teaspoon Cumin Seed
- Bay Leaf
- 1/4 1/4 Teaspoon Hing (Asafoetida)
- Teaspoon Ginger Chilli Paste
- Tomato (Medium, Chopped)
- Teaspoon Cumin Powder
- Teaspoon Coriander Powder
- 1/2 1/2 Teaspoon Red Chilli Powder
- Teaspoon Turmeric Powder
- Pinch Salt (To Taste)
- Cups Water
- Teaspoon Sugar
- Green Chillies (Slit)
- 1/2 1/2 Teaspoon Garam Masala Powder
- Tablespoons Coriander Leaves (Chopped)

Instruction

- 1. Prepare ingredients as mentioned in the list.
- 2. Heat oil in a karahi, fry the potatoes till golden brown and keep aside. Now lightly fry the paneer cubes and keep aside.
- 3. To the rest of the oil add the jeera, bay leaves and asafetida. Add the ginger paste, chopped tomatoes, turmeric powder, cumin powder and dhania powder, red chilli powder and salt and fry the masala for 5-6 minutes.
- 4. Add the potatoes and cook for 1- 2 minutes. Add the water, bring to a boil and simmer gravy for 5 minutes more.
- 5. Now add the paneer cubes and MAGGI Masala-ae-Magic, simmer for 2 minutes. Add the green chillies, sugar, garam masala and adjust the seasoning. Add the ghee, mix well and remove from flame.
- 6. Garnish with chopped coriander leaves. Serve hot with rotis, luchi or pulao.

Nutrition 68 Minutes

Carbohydrates 8.67 g
Energy 261.79 kcal
Fats 14.62 g
Protein 11.24 g

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6 Servings