

## Ingredients

- 1 Sachet MAGGI Masala-ae-Magic
- 1 Cup Fresh Coconut (Grated)
- 5 Cloves
- 1 Cinnamon (1 Inch Pieces)
- 1 Tablespoon Black Peppercorns
- 4 Dry Red Chillies
- 1 Teaspoon Poppy Seeds
- 1 Tablespoon Coriander Seeds
- 1 Teaspoon Saunf Powder
- 2 Tablespoons Oil
- 2 Onion (Finely Chopped)
- 1 Teaspoon Ginger-Garlic Paste
- 2 Tomato (Chopped)
- 1 Pinch Salt (To Taste)
- 750 gms Paneer (Cut Into Cubes)
- 2 Cups Water

## Zubereitung

- 1. Prepare ingredients as mentioned in the list.
- 2. In a karahi, dry roast grated coconut, cloves, cinnamon, whole pepper, red chillies, poppy seeds, coriander seeds and aniseed, till coconut is golden brown. Cool and grind coarsely.
- 3. Heat oil in a karahi and sauté the onions till soft and translucent, add ginger-garlic paste and fry till the raw smell is gone. Add the tomatoes and salt and cook till the tomatoes are done and the oil begins to separate.
- 4. Add the coarsely ground spices, mix well and fry for 5 minutes. Add water, paneer and MAGGI Masala-ae-Magic. Cook on low flame for 8-10 minutes.
- 5. Serve hot with rotis or steamed rice.

## Nährewerte an

51 Minutes

7 Servings

Carbohydrates 9.33 g
Energy 443.5 kcal
Fats 35.84 g
Protein 22.84 g